

## INTUITIVE PAINTING MATERIALS LIST :: INSTRUCTOR HEATHER GERNI

### REQUIRED:

- 2 Canvases at least 24" x 24": I suggest bringing square canvases because we will be rotating them as we paint. Make sure you bring both canvases on the first day.

- Acrylic Paint: Choose brands based on your budget. I prefer Golden and Matisse brands, but these can be fairly pricey especially if you're buying all your paint for the first time. Jerry's Artarama in Raleigh or online has the best prices around for these.

Regardless of what brand of heavy-bodied acrylics you bring, **please bring at least a couple of Golden brand fluid acrylics as well.** ([http://www.jerrysartarama.com/discount-art-supplies/acrylic-paints-and-mediums/golden-acrylics-and-mediums/golden-fluid-acrylics.htm?gclid=CMjQwq\\_4zL4CFYw7OgodZHcADw.](http://www.jerrysartarama.com/discount-art-supplies/acrylic-paints-and-mediums/golden-acrylics-and-mediums/golden-fluid-acrylics.htm?gclid=CMjQwq_4zL4CFYw7OgodZHcADw.))

4 ounces minimum of each of the following:

1 red

1 yellow

1 blue

1 green

1 purple

1 orange

1 black

1 titanium white (heavy-bodied is best)

3 other colors you really love

- A variety of small brushes for detailed work, cheap ones are fine, just make sure you have at least one very pointed brush

- 5 foam brushes in different sizes (wooden handled with the grey foam square from the paint section at a hardware store or craft store)

- palette knife

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- A variety of mark-making tools such as old pencils, non-working pens, caps from bottles, bubble wrap, feathers, etc...No need to buy new things. Just look around your house and be creative!
- A few small items that are meaningful to you for inspiration...again, look around your house or in nature
- A few images that inspire you (can be from magazines or books or pictures you've taken)
- Spray bottle for water (the bigger the better and make sure it works before you come)
- A few rags
- Apron and/or comfy paint clothes (this tends to be a pretty messy process)
- Palette, the bigger the better (a large cookie sheet or a muffin tin from a thrift store will work great)
- Journal or paper to write on and a pen

### OPTIONAL:

- Latex gloves if you don't want paint on your hands
- Golden brand molding or modeling paste for adding texture. I will demonstrate how to use these. You can bring other mediums if you feel comfortable using them.
- Water soluble oil pastels, charcoal, graphite pencils, inks, and other mediums are welcome, but please do not bring paper to incorporate into your paintings if this is your first class.

\*\*PLEASE FEEL FREE TO EMAIL THE INSTRUCTOR WITH ANY QUESTIONS:

[HEATHERGERNI@GMAIL.COM](mailto:HEATHERGERNI@GMAIL.COM).